

## USSOUTHCOM ZIKA VIRUS FORCE HEALTH PROTECTION GUIDANCE

RAAUZYUW RUJBAAA1314 0561521-UUUU--RUJBAAA.  
ZNR UUUUU ZUI RUEOMCH9725 0561521  
R 242046Z FEB 16  
FM HQ USSOUTHCOM MIAMI FL//COMMAND SURGEON//  
TO RUJAAAA/CDRUSAMRMC FT DETRICK MD  
RUEHTG/CDR USMILGP TEGUCIAGALPA HO  
RUEHCV/CHNAVSEC USMILGP CARACAS VE  
RUEHAC/USMILGP ASUNCION PA  
RUEHBE/USMILGP BELIZE CITY BH  
RUEHBO/USMILGP BOGOTA CO  
RUEHBR/USMILGP BRASILIA BR  
RUEHWN/USMILGP BRIDGETOWN BB  
RUEHBU/USMILGP BUENOS AIRES AR  
RUEHCV/USMILGP CARACAS VE  
RUEHGE/USMILGP GEORGETOWN GY  
RUEHGT/USMILGP GUATEMALA CITY GT  
RUEHKG/USMILGP KINGSTON JM  
RUEHLP/USMILGP LA PAZ BO  
RUEHPE/USMILGP LIMA PE  
RUEHMU/USMILGP MANAGUA NI  
RUEHMN/USMILGP MONTEVIDEO UY  
RUEHBH/USMILGP NASSAU BS  
RUEHZP/USMILGP PANAMA CITY PM  
RUEHPU/USMILGP PORT AU PRINCE HT  
RUEHSP/USMILGP PORT OF SPAIN TT  
RUEHSJ/USMILGP SAN JOSE CR  
RUEHSN/USMILGP SAN SALVADOR SV  
RUEHSG/USMILGP SANTIAGO CI  
RUEHDG/USMILGP SANTO DOMINGO DR  
RUEHTG/USMILGP TEGUCIGALPA HO  
RUIDAAA/CDR USSOUTHCOM FPSCO MIAMI FL  
RUJBAAA/CDR USSOUTHCOM MIAMI FL  
RUIDAAA/CDR USSOUTHCOM MIAMI FL  
RUJBAAA/DCDR USSOUTHCOM MIAMI FL  
RUIDAAA/DCDR USSOUTHCOM MIAMI FL  
RUJBAAA/HQ USSOUTHCOM J1 MIAMI FL  
RUIDAAA/HQ USSOUTHCOM J1 MIAMI FL  
RUMIAAA/HQ USSOUTHCOM J2 MIAMI FL  
RUJBAAA/HQ USSOUTHCOM J3 MIAMI FL  
RUIDAAA/HQ USSOUTHCOM J3 MIAMI FL  
RUJBAAA/HQ USSOUTHCOM J4 MIAMI FL  
RUIDAAA/HQ USSOUTHCOM J4 MIAMI FL  
RUJBAAA/HQ USSOUTHCOM J5 MIAMI FL

RUIDAAA/HQ USSOUTHCOM J5 MIAMI FL  
RUJBAAA/HQ USSOUTHCOM J6 MIAMI FL  
RUIDAAA/HQ USSOUTHCOM J6 MIAMI FL  
RUJBAAA/HQ USSOUTHCOM J7 MIAMI FL  
RUIDAAA/HQ USSOUTHCOM J7 MIAMI FL  
RUJBAAA/HQ USSOUTHCOM J8 MIAMI FL  
RUIDAAA/HQ USSOUTHCOM J8 MIAMI FL  
RUJBAAA/HQ USSOUTHCOM J9 MIAMI FL  
RUIDAAA/HQ USSOUTHCOM J9 MIAMI FL  
RUJBAAA/HQ USSOUTHCOM MIAMI FL  
RUMIBBB/HQ USSOUTHCOM SECURITY AND INTEL MIAMI FL  
RUEPSCJ/SCJ2 SOUTHCOM MIAMI FL  
RUJBAAA/USSOUTHCOM INTEL MIAMI FL  
RUIDAAA/USSOUTHCOM INTEL MIAMI FL  
RUJAAAA/HQ FORSCOM-SURGEON FT BRAGG NC  
RUIAAAA/HQ FORSCOM-SURGEON FT BRAGG NC  
RXQMNIA/COMMCEN COMTURSARSOUTH  
RUIAAAA/AFSOUTH WATCHCTR DAVIS MONTHAN AFB AZ  
RUJBAAA/COMMARFORSOUTH  
RUIDAAA/COMMARFORSOUTH  
RUJBAAA/MARFORSOUTH  
RUIDAAA/MARFORSOUTH  
RUJBAAA/COMSOCSOUTH  
RUIDAAA/COMSOCSOUTH  
RUMIAAE/COMSOCSOUTH SIMS HOMESTEAD ARB FL  
RUOIAAA/COMUSNAVSO  
RUEKJCS/JOINT STAFF J4 HSSD WASHINGTON DC  
RUMIAGH/COMJTF-B SIMS SOTO CANO HO  
RUJBAAA/JTF GTMO  
RUIDAAA/JTF GTMO  
RUIDAAA/CDR JTF-BRAVO  
RUIEAAA/HQ USSOCOM CMD CTR MACDILL AFB FL  
RUIHAAA/CDR USTRANSCOM COMMAND SURGEON SCOTT AFB IL  
RUIHAAA/USTRANSCOM J2 WATCH SCOTT AFB IL  
RUICAAA/HQ USPACOM JOC  
RUIPAAA/CDR USEUCOM EPOC JOC VAIHINGEN GE  
RUIPAAA/CDR USEUCOM J4 MD READ DIV-CMD SURG VAIHINGEN GE  
RUIPAAA/CDR USAFRICOM JOC CHIEF STUTTGART GE  
RUIPAAA/USCENTCOM COMMAND CENTER MACDILL AFB FL  
RUIPAAA/USCENTCOM SURGEON MACDILL AFB FL  
RUJCAAA/NORAD AND USNORTHCOM COMMAND CENTER PETERSON AFB CO  
RUJAAAA/OSD USD PR ASD HEALTH AFFAIRS WASHINGTON DC  
RUEKJCS/OSD USD PR ASD HEALTH AFFAIRS WASHINGTON DC  
RUOIAAA/BUMED FALLS CHURCH VA  
BT  
UNCLAS  
SUBJ/USSOUTHCOM ZIKA VIRUS FORCE HEALTH PROTECTION GUIDANCE

SUBJ(U)USSOUTHCOM ZIKA VIRUS FORCE HEALTH PROTECTION GUIDANCE//

REF/A/DOC/DOD/9OCT2004// DOD DIRECTIVE (DODD) 6200.04, FORCE HEALTH PROTECTION

REF/B/ DOC/SCREG/5JUN2013// SC REGULATION 40-401, USSOUTHCOM PATIENT MOVEMENT REGULATION

REF/C/DOC/DOD/28DEC2009// DODD 4500.54E, DOD FOREIGN CLEARANCE PROGRAM

REF/D/DOC/AFPMB/6NOV2015// ARMED FORCES PEST MANAGEMENT BOARD TECHNICAL GUIDE NUMBER 36, PERSONAL PROTECTIVE MEASURES AGAINST INSECTS AND OTHER ARTHROPODS OF MILITARY SIGNIFICANCE

REF/E/DOC/ASDHA MEMO/5FEB2016// ZIKA VIRUS INFORMATION FOR DEPARTMENT OF DEFENSE MEDICAL PERSONNEL

REF/F/DOC/SOUTHCOM/17DEC2015// FORCE HEALTH PROTECTION (FHP) GUIDANCE FOR DEPLOYMENT IN USSOUTHCOM AOR AS OF 17 DECEMBER 2015

REF/G/DOC/ASBPO/03FEB16//GUIDANCE REGARDING ZIKA, DENGUE AND CHIKUNGUNYA VIRUSES.

1. (U) THIS MESSAGE IS FOR ALL SERVICEMEMBERS, DOD CIVILIAN PERSONNEL, AND DEPENDENTS ASSIGNED WITHIN USSOUTHCOM AREA OF RESPONSIBILITY (AOR). PER REFERENCES (A) THROUGH (C), SERVICE MEMBERS AND DOD CIVILIANS MUST COMPLY WITH ALL DOD TRAVEL GUIDANCE. THE CENTER FOR DISEASE CONTROL AND PREVENTION (CDC) ASSIGNED TRAVEL ADVISORIES FOR ZIKA VIRUS , ALERT LEVEL 2- PRACTICE ENHANCED PRECAUTIONS, FOR THE CARRIBEAN, CENTRAL AMERICA, SOUTH AMERICA, MEXICO AND PUERTO RICO. THE CDC ISSUED THESE ADVISORIES DUE TO ONGOING ZIKA VIRUS TRANSMISSION AND CONCERN THE VIRUS MAY CAUSE SERIOUS BIRTH DEFECTS IN UNBORN CHILDREN OF WOMEN INFECTED DURING PREGNANCY.

2. (U) BACKGROUND: ZIKA IS TRANSMITTED TO HUMANS BY THE AEDES SPECIES MOSQUITO THAT IS PREVALENT THROUGHOUT THE AMERICAS AND MOST OFTEN BITES DURING THE DAY. THE AEDES SPECIES ARE THE SAME MOSQUITOES THAT TRANSMITS DENGUE AND CHIKUNGUNYA. THERE ALSO HAVE BEEN DOCUMENTED CASES OF TRANSMISSION BY BLOOD TRANSFUSION AND SEXUAL CONTACT WITH AN INFECTED PARTNER. THERE IS NO VACCINE OR TREATMENT AVAILABLE FOR ZIKA VIRUS INFECTION. THE MOST EFFECTIVE WAY TO PREVENT INFECTION IS TO PRACTICE STRICT MOSQUITO BITE PREVENTIVE MEASURES.

3. (U) SIGNS AND SYMPTOMS: ZIKA SYMPTOMS INCLUDE FEVER, RASH, CONJUNCTIVITIS (PINK-EYE), MUSCLE AND JOINT PAIN. THE ILLNESS CAN LAST BETWEEN TWO AND SEVEN DAYS AND IS USUALLY SELF-LIMITED; ONLY ONE OF EVERY FIVE INFECTED INDIVIDUALS DEVELOP SYMPTOMS/ILLNESS. ZIKA INFECTION OF PREGNANT WOMEN IN BRAZIL HAS BEEN ASSOCIATED WITH A 20-FOLD INCREASE OF BRAIN DEFORMITY IN

NEWBORNS, KNOWN AS MICROCEPHALY. THE CAUSATIVE RELATIONSHIP IS UNDER INVESTIGATION.

4. (U) ZIKA-AFFECTED AREAS AND RISK ASSESSMENT: NOT ALL AREAS WITHIN ZIKA-AFFECTED COUNTRIES ARE EQUALLY AFFECTED. EVALUATION OF POTENTIAL THREATS TO TRAVELERS, DEPLOYED PERSONNEL, AND THOSE STATIONED IN ZIKA-AFFECTED COUNTRIES AND TERRITORIES SHOULD CONSIDER THE LOCATIONS OF ZIKA PREVALENCE (ZIKA-AFFECTED AREAS) RELATIVE TO THE LOCATIONS WHERE PERSONNEL WILL LIVE AND WORK. SEE [HTTP://WWW.CDC.GOV/ZIKA/GEO/INDEX.HTML](http://www.cdc.gov/zika/geo/index.html).

5.(U) COMMANDERS AND DIRECTORS WILL ENSURE SERVICE MEMBERS AND DOD CIVILIANS TRAVELING TO ZIKA AFFECTED AREAS, WHETHER ON DUTY OR IN A LEAVE STATUS, ARE AWARE OF THESE TRAVEL ADVISORIES AND ARE COMPLIANT WITH ALL FORCE HEALTH PROTECTION RECOMMENDATIONS INCLUDING USE OF APPROPRIATE PERSONAL PROTECTIVE EQUIPMENT AND OTHER MEASURES TO PREVENT MOSQUITO BITES. COMMANDERS WILL ADVISE SERVICE MEMBERS AND DOD CIVILIANS TO MAKE THEIR DEPENDENTS AWARE OF THE CDC TRAVEL ADVISORIES. IF YOU MUST TRAVEL TO AN AREA WITH ONGOING ZIKA VIRUS TRANSMISSION:

5. A. IF APPLICABLE, CHOOSE A HOTEL OR LODGING WITH AIR CONDITIONING OR WITH SCREENS ON WINDOWS AND DOORS.

5. B. SLEEP UNDER A MOSQUITO BED NET IF YOU ARE OUTSIDE OR IN A ROOM THAT IS NOT WELL SCREENED.

5. C. COVER EXPOSED SKIN BY WEARING LONG-SLEEVED SHIRTS AND LONG PANTS.

5. D. USE EPA-REGISTERED INSECT REPELLENTS CONTAINING DEET, PICARIDIN, OR IR3535. THESE ARE SAFE FOR PREGNANT WOMEN WHEN USED AS DIRECTED.

5. E. USE PERMETHRIN-TREATED CLOTHING AND EQUIPMENT.

5. F. THESE RECOMMENDED PROTECTIVE MEASURES ARE FOR ALL MOSQUITO-BORNE DISEASES (LIKE CHIKUNGUNYA, DENGUE, AND MALARIA).

6. (U) FEMALE SERVICE MEMBERS, DOD CIVILIANS, AND ELIGIBLE FAMILY MEMBERS WHO ARE PREGNANT SHOULD CONSULT THEIR HEALTHCARE PROVIDER REGARDING THE POTENTIAL RISKS OF ZIKA TRANSMISSION PRIOR TO TRAVELING (OR IF RESIDING IN/OR RETURNING FROM TRAVEL) TO ZIKA- AFFECTED AREAS. FEMALE SERVICE MEMBERS, DOD CIVILIANS, AND ELIGIBLE FAMILY MEMBERS WHO ARE PREGNANT SHOULD POSTPONE PERMANENT CHANGE OF STATION, TEMPORARY DUTY, OR LEAVE TRAVEL TO ZIKV AFFECTED AREAS BASED ON RISK ASSESSMENTS PROVIDED BY THEIR HEALTH CARE PROVIDER.

7. (U) WOMEN OF CHILDBEARING AGE WHO ARE SEXUALLY ACTIVE AND CURRENTLY LOCATED OR WILL BE LOCATED IN AN ACTIVE ZIKA TRANSMISSION AREA SHOULD CONTACT THEIR HEALTHCARE PROVIDER TO RECEIVE COUNSELING REGARDING THE POTENTIAL RISKS OF ZIKA

TRANSMISSION AND APPROPRIATE PRECAUTIONARY MEASURES. MALE MEMBERS WHO SERVE OR TRAVEL TO AN ACTIVE ZIKA VIRUS TRANSMISSION AREAS AND THEIR SEXUAL PARTNERS SHOULD BE ADVISED TO REVIEW THE CDC GUIDANCE AT [HTTP://WWW.CDC.GOV/ZIKA/PREGNANCY/QUESTION-ANSWERS.HTML](http://www.cdc.gov/zika/pregnancy/question-answers.html)

8. (U) POST-TRAVEL TO ZIKA VIRUS AFFECTED AREAS: ALL DOD PERSONNEL AND/OR DEPENDENTS WHO HAVE TRAVELED TO ZIKA VIRUS AFFECTED AREAS AND SUSPECT THAT THEY MAY HAVE BEEN INFECTED WITH ZIKA VIRUS SHOULD SEEK MEDICAL CARE IMMEDIATELY AND REPORT THEIR TRAVEL HISTORY. SINCE SEXUAL ACTIVITY AND BLOOD TRANSFUSIONS ARE LINKED TO ZIKA VIRUS TRANSMISSION, MEN SHOULD CONSIDER ABSTAINING FROM SEXUAL ACTIVITY OR USE CONDOMS CONSISTENTLY AND CORRECTLY DURING SEX FOR 28 DAYS WITH A NON PREGNANT PARTNER OR THROUGHOUT THE PREGNANCY WITH A PREGNANT PARTNER. ARMED SERVICES BLOOD PROGRAM OFFICE HAS REQUESTED ALL SITES IMPLEMENT A 28-DAY SELF-DEFERRAL FOR DONORS AFTER TRAVEL TO ACTIVE ZIKA TRANSMISSION AREAS (REF G):  
[HTTPS://WWW.MILITARYBLOOD.DOD.MIL/STAFF/BPL/BPL%2016-02%20GUIDANCE%20REGARDING%20ZIKA,%20DENGUE%20AND%20CHIKUNGUNYA%20VIRUSES.PDF](https://www.militaryblood.dod.mil/staff/bpl/bpl%2016-02%20GUIDANCE%20REGARDING%20ZIKA,%20DENGUE%20AND%20CHIKUNGUNYA%20VIRUSES.PDF).

9. (U) EVOLVING THREAT: THE ZIKA VIRUS THREAT IS EVOLVING AND PREDICTED TO REMAIN A THREAT FOR THE FORESEEABLE FUTURE. ABILITY TO PREVENT, DETECT, AND TREAT WILL ALSO BE BETTER DEFINED AND MODIFIED OVER THE COMING WEEKS AND MONTHS. AS INFORMATION BECOMES AVAILABLE ON SPECIFIC ZIKA VIRUS ENDEMIC AREAS THIS MESSAGE WILL BE MODIFIED.

10. (U) USSOUTHCOM ASSIGNED

10. A. ALL SOUTHCOM (SC) SECURITY COOPERATION OFFICES (SCOS), JOINT TASK FORCES (JTFS), AND UNITS ASSIGNED TO SC WILL IMMEDIATELY REPORT ALL SUSPECTED OR CONFIRMED ZIKA VIRUS CASES OF SERVICE MEMBERS, CIVILIANS, OR DEPENDENTS AS A SERIOUS INCIDENT REPORT (SIR) TO THE SC JOINT OPERATIONS CENTER (JOC).
10. B. ALL SC SCOS, JTFS, AND UNITS ASSIGNED TO SC WILL REPORT NUMBER OF PERSONNEL WITHIN DESIGNATED ZIKA AFFECTED AREAS (REFERENCE PARAGRAPH 4) VIA JPERSTAT, SCO WEEKLY SUMMARY REPORTS.
10. C. PREGNANT FEMALE SERVICE MEMBERS AND DOD CIVILIANS ASSIGNED TO USSOUTHCOM AND THEIR PREGNANT ELIGIBLE FAMILY MEMBERS STATIONED WITHIN ZIKA-AFFECTED AREAS (I.E., ZIKA ACTIVELY BEING TRANSMITTED IN LOCATION OF EMPLOYMENT AND LIKELY AREA OF ASSOCIATED TRAVEL) MAY BE ELIGIBLE FOR RELOCATION.
10. D. SC J1 IN COORDINATION WITH SERVICES WILL ASSIST WITH THE POSSIBLE MOVEMENT OF AT RISK PREGNANT SERVICE MEMBERS, CIVILIANS, OR DEPENDENTS.

11. USG POLICY: ASIDE FROM CDC GUIDANCE, ASD/HA PUBLISHED INFORMATION FOR DOD MEDICAL PERSONNEL (REF E): ZIKA VIRUS INFORMATION FOR DOD MEDICAL PERSONNEL, 5 FEB 2016:  
[HTTPS://MHS.HEALTH.MIL/CONTENT/ASDHA/ASD-HA%20MEMO%20-%20ZIKA%20VIRUS%20INFO%20FO%20DOD%20MED%20PERS.PDF](https://MHS.HEALTH.MIL/CONTENT/ASDHA/ASD-HA%20MEMO%20-%20ZIKA%20VIRUS%20INFO%20FO%20DOD%20MED%20PERS.PDF). ARMED FORCES HEALTH SURVEILLANCE BRANCH ISSUED REPORTING INSTRUCTIONS: DETECTING AND REPORTING DOD CASES OF ACUTE ZIKA VIRUS DISEASE GUIDANCE, 5 FEB 2016:  
[HTTPS://WWW.AFHSC.MIL/DOCUMENTS/PUBS/DOCUMENTS/AFHSB\\_DETECTING\\_REPORTING\\_DOD\\_CASES\\_OF\\_ZIKA.PDF](https://WWW.AFHSC.MIL/DOCUMENTS/PUBS/DOCUMENTS/AFHSB_DETECTING_REPORTING_DOD_CASES_OF_ZIKA.PDF).

12. UPDATED CDC TRAVEL ADVISORY INFORMATION CAN BE ACCESSED AT [HTTP://WWW.CDC.GOV/TRAVEL/PAGE/ZIKA-TRAVEL-INFORMATION](http://WWW.CDC.GOV/TRAVEL/PAGE/ZIKA-TRAVEL-INFORMATION). ADDITIONAL INFORMATION CAN BE FOUND AT: [HTTP://WWW.CDC.GOV/ZIKA/](http://WWW.CDC.GOV/ZIKA/) AND THE SOUTHCOM ZIKA PAGE AT [HTTPS://INTRANET.HQ.SOUTHCOM.MIL/SITES/CC/SG/ZIKA\\_VIRUS/SITEPAGE/S/HOME.ASPX/](https://INTRANET.HQ.SOUTHCOM.MIL/SITES/CC/SG/ZIKA_VIRUS/SITEPAGE/S/HOME.ASPX/).

13. THE POINT OF CONTACT AT THE SOUTHCOM SURGEON'S OFFICE IS MAJ RODNEY HANKINS AT 305-437-2486 OR [RODNEY.R.HANKINS.MIL@MAIL.MIL](mailto:RODNEY.R.HANKINS.MIL@MAIL.MIL) OR LTC MICHAEL COOTE AT 305-437-1912 OR [MICHAEL.J.COOTE.MIL@MAIL.MIL](mailto:MICHAEL.J.COOTE.MIL@MAIL.MIL). SOUTHCOM J1 CAN BE CONTACTED AT 305-437-1125 OR [SOUTHCOM.MIAMI.SCJ1.MBX.OMB-OPS@MAIL.MIL](mailto:SOUTHCOM.MIAMI.SCJ1.MBX.OMB-OPS@MAIL.MIL) OR [SOUTHCOM.MIAMI.SCJ1.LIST.ALL-SCJ1-DISTRIBUTION@MAIL.MIL](mailto:SOUTHCOM.MIAMI.SCJ1.LIST.ALL-SCJ1-DISTRIBUTION@MAIL.MIL).

BT  
#1314  
95A4

NNNN  
Received from AUTODIN 251612Z Feb 16